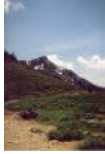


Choose... [home](#) > [the tours](#) > [bregenzerwald](#) > [hoher freschen](#)

## A beautiful mountain and an impressive ridge

download with map as pdf-file >> 



It means quite some - rather annoying - effort to ascend and finally descend via the Fluherlöchle. But once you arrived at the Altenhofalpe, the trail is very enjoyable and gets even exciting once you are on the Binnelgrat. The tour isn't very difficult, but can be dangerous when the Binnel ridge is wet or icy. Normally, it is a very recommendable tour for an experienced hiker. Just don't be disappointed when you reach the summit and discover hordes of other tourists there...they took the easy way.

Photos: [The Binnelgrat to the summit](#), [the north face of the Freschen](#), [the Valüragrat](#), [view towards the Silvretta](#)

 Rating: **+++++**

ascent: **820m** Start: **Unterfluhalpe (1.180m), Parking Lot.**

Destination: **Hoher Freschen, 2.004m**

Difficulty: high, I

Hiking

descent: **820m** End: **Unterfluhalpe**

Walking Time: total 5,5 hours, 1,5h to the Altenhofalpe, 1,5h to the Freschen. Descent 2,5h.

### Directions:

Walk towards the end of the valley from the Unterfluhalpe. On your left, you will remark a sign giving you directions. Further on, the trail to the Mörzelspitze via the Salzböden starts (another nice tour). After a couple of minutes, you reach the first of literally dozens of turns leading you to the Altenhofalpe. Before you arrive there, a big sign will direct you further towards Binnelalpe and Hoher Freschen. Some hundred metres after you passed the Binnelalpe you arrive at a steep hill, which marks the beginning of the Binnelgrat. The ridge itself is in parts rather exposed and can be delicate during wet weather. The objectively most dangerous parts are well secured. The last hundred metres of the ridge will finally require some easy climbing over some rocks when you have to pass the so called Schusterstuhl. Just a few further steps, and you are on top of the Freschen and can enjoy a panorama encompassing Lake Constance in the North, the Rheintal in the West, the Allgäu in the East and the Lechquellengebirge, Silvretta and Rätikon in the South.

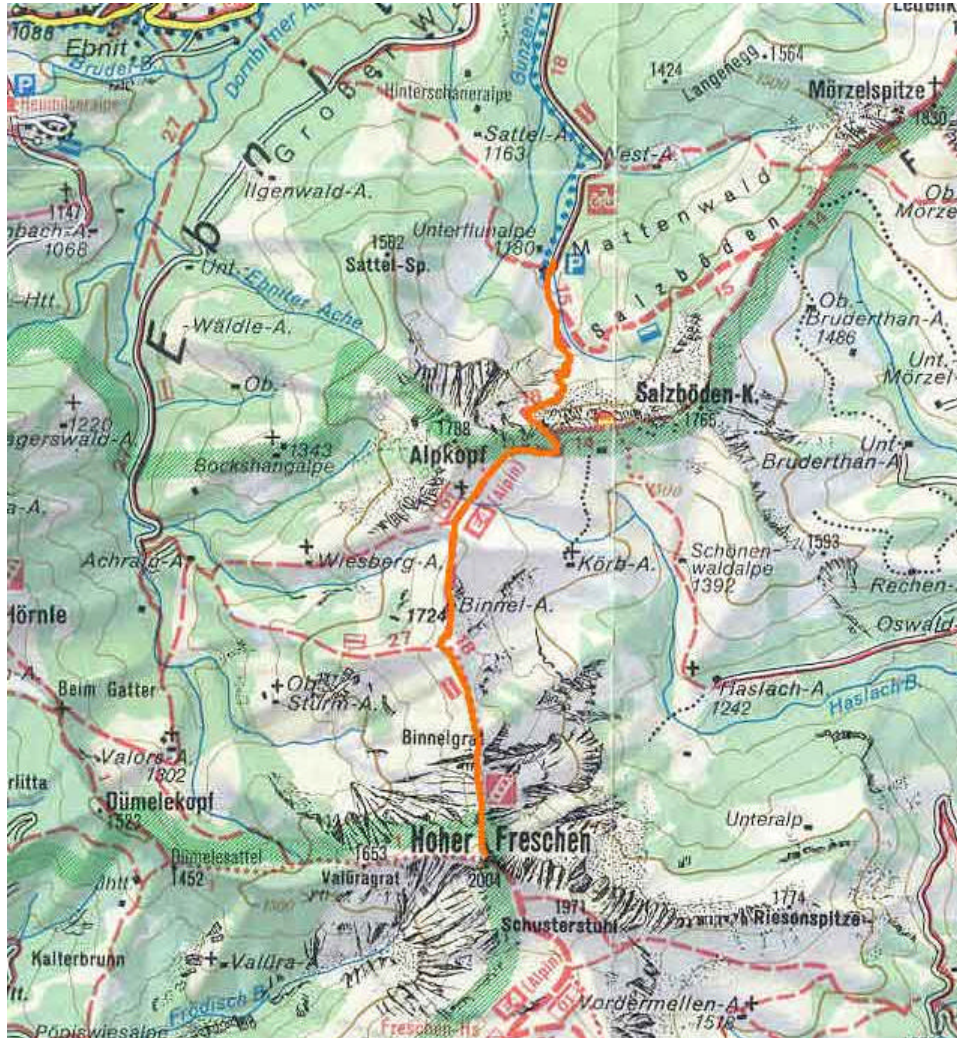
If you wish, you can descend now quickly to the Freschenhaus just south of you (20min). Otherwise you descend on the way you took for the ascent.

Classification: high, distance 11km

Base: [Freschenhaus](#) (seasonal)

Marking: good trail with red white red markings

### Maps:



e.g. Kompass Karte Nr.2, Bregenzerwald Westallgäu 1:50.000

Map of the tour (1:50.000) 77k

### Travel Season:

early summer till autumn.

### Notes:

The tour over the Binnelgrat can be combined with the Valüragrat to the so called Valorsweg, which starts in Ebnit.

Links: [Another Tour description](#) by "Berge und Höhlen".

---

[home](#) - [the tours](#) - [the links](#) - [interactive](#) - [about this site](#) - [top of this page](#)

last revision: Tuesday, July 23, 2002 copyright www.therucksack.net