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An impressive mountain: the Tschenglser Hochwand

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The Tschenglser Hochwand is one of the highest peaks in the Zay Valley and has a 600m north wall and a 300m south wall. It dominates the northern end of the valley and looks as if it is unaccessible by the average hiker. But there of course exists a rather easy access via the normal route, that leads via a steep gully to the top. More attractive is the Erich-Otto-Steig, named after the builders, that takes the edge off the south ridge. With the help of some steel ropes and ladders the normal route is reached in its upper third, finally ending on the pretty small summit.

Photos: [Ascent on the S-ridge](#), [the "Via Ferrata" in the S-ridge](#)

Rating: +++++

ascent: 680m Start: Düsseldorf Hütte, 2.721m

Destination: Tschenglser Hochwand, 3.378m

Difficulty: high, III-

Hiking descent: 680m End: Düsseldorf Hütte

Walking Time: total 4,0 hours, 1,0h to the intersection normal route and Erich-Otto-Steig, 1,5h to the top. Descent 1,5h - via the normal route.

Directions:

From the hut walk further into the valley, direction NE. The trail is well marked with sign posts and yellow markings and takes you through a varied landscape: over meadows, along lakes and through large fields of rocks and debris. Finally, the trails takes you to the foot of the south wall of the Hochwand, where you will find the intersection for both routes to the top. Keep following the yellow markings to your right. For the next hour this "Steig" will require climbing in the degree I-II, in parts a low III, but the steel ropes will help you over the most exposed and steep parts of the route if required. Close to the top, the Erich-Otto-Route reunites with the normal routes (red markings) and will take you via some ledges and further easy climbs to the summit.

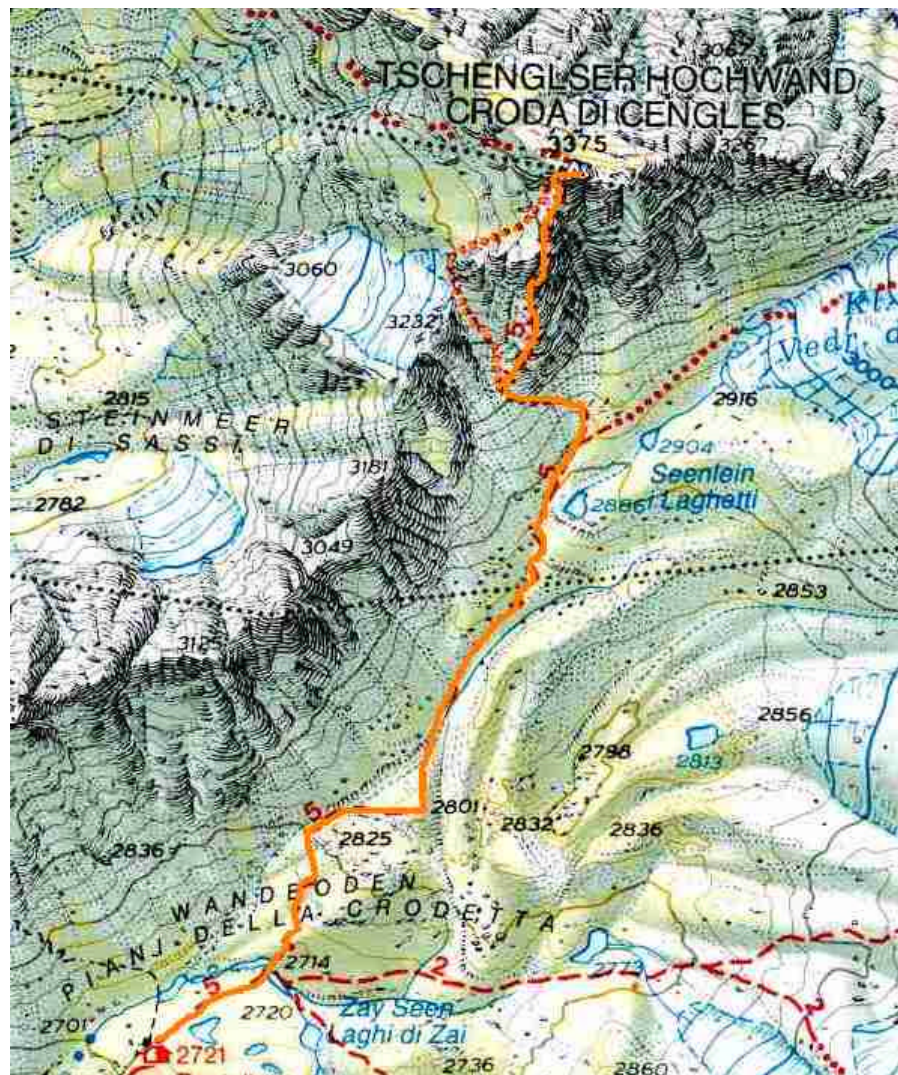
For the descent simply follow the red markings of the normal route, that is in most parts a small zig-zag-trail through a not very steep couloir on the left side of the south ridge.

Photo: [Overview of the tours to the Tschenglser Hochwand](#) with the Erich-Otto-Route (orange) and the normal route (blue)

Classification: med, distance 10km
Base: Düsseldorf Hütte (seasonal)

Marking: excellent, well marked trail, Erich-Otto-Steig and route from the hut to the intersection yellow, normal route red

Maps:



e.g. Tabacco Map No.8 Gruppo Ortles/Cevedale (1:25.000)
[Map of the tour \(1:25.000\) 69k](#)

Travel Season:

summer till early autumn.

Notes:

This tour is technically a little more difficult than the average tour described in the hiking section and can be dangerous if the rocks are wet or covered with snow/ice.

Links: [tour description](#) (German) by seilschaft.it, another [tour description](#) (German) by Michael Burret

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